

# Summer Camp at the ATTICA BOTANICAL PARK

At ATTICA
BOTANICAL PARK,
children are
connecting with
nature!



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# Wow!

Summer fun starts here!





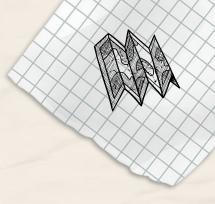


01



# The Park

Summer Camp at the Park The Park Team





# Summer Camp at the Park



At the Summer Camp of the Attica Botanical Park, children immerse themselves in nature, play, and create in harmony with the environment. From swimming in the pool and gardening to imaginative games with natural materials, unique sports, artistic workshops, cooking and theater, every day is filled with adventure, creativity and fun!

Discover the Attica Botanical Park

#### The Park Team



The camp program is designed as a flexible framework that adapts to the unique dynamics of each group. It is the result of collaboration among scientists and professionals from various fields, including educators, environmental scientists, agronomists, botanists, beekeepers, visual artists, writers, musicians, fitness instructors and more.



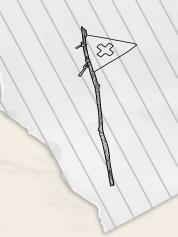


02



# Program of activities

Philosophy
Educational goals
Theme weeks
Indicative program



# The Camp's philosophy

The primary goal of the Park Team is to create joyful childhood memories for every child.

For us, summer is all about new friendships, laughter, creative play and a deep connection with nature.







# The Camp's philosophy

At the Summer Camp of the Attica Botanical Park, our focus is on building strong, meaningful relationships with each child and their family.

Every member of our team is dedicated to fostering a warm, welcoming, and nurturing environment where everyone feels accepted, safe and valued.





# **Educational Program**

With a focus on experiential learning and teamwork, our camp encourages children to explore nature through creative and engaging activities. Whether building with natural materials, playing interactive games, or simply enjoying the freedom of outdoor play, every moment is an adventure.





# Connecting with nature

At the Attica Botanical Park, we embrace the concept of biophilia, strengthening the hands-on connection between children and the natural environment. Through nature walks, observations, gardening tasks, insect hunts, and games with natural materials, we offer children an immersive experience that brings them closer to nature, even within the urban setting.





# Camp life

The connection between children and nature is fundamental. At the Summer Camp, children experience a unique camping adventure, setting up their own tents amidst nature. Their free time takes on a new dimension as they relax, play, and engage in specially designed activities that help them explore the surrounding environment.



# Educational goals of the Camp



# Through a diverse program of activities, we aim to help the children to:

Relax after a busy school year

Cultivate their imagination and creativity

Develop social skills and problem-solving abilities

Challenge themselves with new experiences

- Activate their senses
- Gain a sense of independence

Learn to work as a team

- Discover different aspects of themselves
- Build their self-confidence

### Theme weeks





With boldness, imagination, and enthusiasm, we are getting ready to embark on exciting journeys to incredible destinations!

A new adventure starts every week!



## Theme weeks



Travelling:

With the explorers of the nature

> **Across** time

At the **Olympic** Games

In Asia

> With the inventors

> > In the desert

Under the sea

In the universe

For the rescue of the planet

## Indicative program of the week:

Monday	Tuesday	Wednesday	Thursday	Friday
	8.00-9.00: Arr	ival - Free play in the outdo	or activity area	
		Breakfast		
Icebreaker games and team coordination	Setting up tents	Gardening	Sports activity	Nature Treasure Hunt
		Mid-morning snack		
Theater play	Sports activity	Theme week activity: Cooking	Games in the tents	Sports activity
Pool water games	Pool swimming lessons	Pool water games	Pool swimming lessons	Water games
		Lunch		
Theme week activity: Group craft project	Nature games	Adventure games in nature	Individual crafts	Recreational activity of the theme week
	15.00-16.00:	Departure - Free play in the	e activity area	





03



# **Facilities**

Activity areas Pool Safety



# Outdoor activity areas











# Sheltered spaces











#### Pool



Children participate in water activities under the supervision of an experienced and specialized swimming coach-lifeguard.

The activity program has been specially designed for the Park's facilities and offers children the opportunity to:

- Become familiar with water using special aids (life jackets, boards, belts, etc.)
- Learn to swim correctly and safely
- Engage in sports and have fun playing in the water



#### Pool



We ensure that the pool is always clean and healthy by following the procedures below:

- Daily cleaning of the surrounding area
- Daily internal cleaning with a robotic machine
- Daily cleaning of the filters
- Daily water analysis (pH and chlorine measurements) using specialized kits
- Weekly water testing in accordance with Health Regulations, performed by an accredited external laboratory.





# Safety

Since 2024, the Attica Botanical Park has developed and implemented a Unified Management System that complies with the requirements of the standards and includes:







ISO 9001:2015

Quality Management System ISO 14001:2015

Environmental Management System ISO 22000:2018

Food Safety Management System



# Safety



- Total fencing of the facilities
- Fire suppression system and generator in case of power outage
- Air-conditioned area for days with a heatwave
- Staff trained in first aid provision
- Emergency response plan:
  - Evacuation drills
  - The Kropia Health Center is located 1 km away
  - The Kropia Fire Department is located 800 meters away



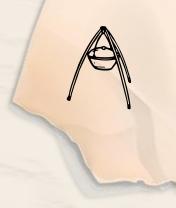
And the most important of all! We always operate preventively

We always operate preventively to avoid dangerous situations



# 04 Nutrition





Dining room - Meals - Indicative menu





# Dining room



During the Summer Camp, the airconditioned Elaida hall hosts the children's breakfast and lunch.

The children have the opportunity to create their meal by choosing from the day's buffet.







## Meals



The menu has been carefully designed by the award-winning chef of ATENE Catering, Antonis Katsanevakis, selecting healthy, vitamin-rich foods that fully meet the children's needs for a balanced and proper diet.

The meals we offer to the children (breakfast, mid-morning snack and lunch) change daily to satisfy the children's preferences and give them the opportunity to discover new flavors.



### Indicative week menu



#### **Breakfast**

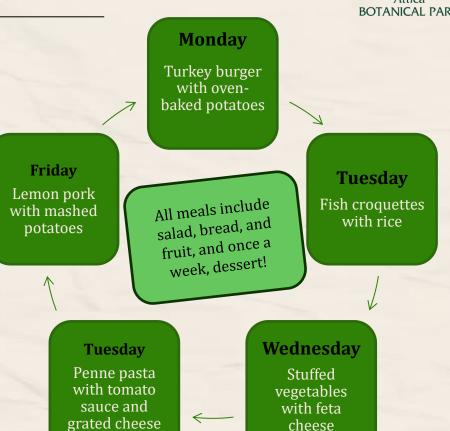
Bread, yellow cheese & turkey, butter, cake, honey, jam (2 kinds), tahini, juice

The meals are prepared by the partnering company

ATENE Catering

#### **Mid-morning snack**

- Nectarines and honey waffle
- Banana and rice wafer
- Nectarines and rusks with kasseri cheese
- Pears and corn wafer
- Nectarines and oat cookies



# O5 Camp 2025 Periods Cost





Terms and conditions - Registration form



## Summer Camp Periods

#### 1st period

June 16-June 20

#### 2<sup>nd</sup> period

June 23-June 27

#### 3<sup>rd</sup> period

June 30-July 4

#### 4th period

July 7-July 11

#### 5<sup>th</sup> period

July 14-July 18



#### 6<sup>th</sup> period

**July 21-July 25** 

#### 7<sup>th</sup> period

July 28-August 1

#### 8th period

August 25-August 29

#### 9th period

September 1-September 5

#### 10<sup>th</sup> period

September 8-September 10



### Cost per period



#### It applies to periods 1 to 9



#### Cost for one child:

210 Euros per period, for participation in one or two periods 190 Euros per period, for participation in three or more periods



#### Cost for siblings:

190 Euros per period, for the second child and each additional child, for participation in one or two periods

180 Euros per period, for the second child and each additional child, for participation in three or more periods

#### It applies to the 10th period



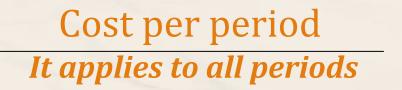
#### Cost for one child:

140 Euros for participation in the three-day 10th period



#### Cost for siblings:

130 Euros, for the second child and each additional child, for participation in the three-day  $10^{\text{th}}$  period







The additional cost for morning and/or afternoon care is 20 Euros per period.

In the case of participation on specific days rather than the entire period, the cost is 50 Euros per day per child.

All the above prices include VAT, accident insurance for each child, activity materials, as well as meals, regardless of whether the service is used.



**Early bird discount:** 

15% discount for early bird registration until May 20<sup>th</sup> upon payment for the selected periods



## Terms and Conditions





#### Registration form

It is required to complete the registration form and send it along with the deposit proof (100 Euros).



#### **Medical Certificate**

In order to complete the reservation, a signed medical certificate must be submitted.





# "Nature knows no extinction, only transformation"

—Anaxagoras, 500-428 B.C.







06



# Information

Personal equipment

# Information for the Camp



The camp is for children aged 5 to 12 years old, and younger children must have completed their pre-kindergarten education

The arrival and departure of the children at the Attica Botanical Park is done with their own means of transport

Throughout each day, the children are provided with full meals, including breakfast, mid-morning snack, and lunch, in collaboration with <u>ATENE Catering</u>

Accident insurance is provided for each child

The Camp schedule may change depending on the weather conditions and the needs of the children



### Personal equipment



Children need to wear comfortable clothes and sports shoes

#### Backpack with:

hat sunscreen water bottle change of clothes old clothes for the workshops

#### For the pool:

Swimming goggles Swimming cap (optional) Flip-flops Swimsuit Sun-protective shirt Towel



It is necessary for the child's name to be written on the backpack and personal items



Children are not allowed to bring mobile phones, electronic devices, or valuable items with them



# Thank you!

Do you have any questions?

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